

LISA B. DAVID, M.D.

BRYTTON B. ELDREDGE, M.D.

Thank you for choosing our allergy clinic to perform your allergy test. We strive to provide the most accurate results and most accommodating treatment plans for each patient. In order to do this, we ask that you temporarily discontinue certain medications that may interfere with your test results. Attached you will find a list. If necessary, we ask that you contact your primary care provider or specialist to discuss stopping certain medication for the required amount of time prior to skin allergy testing.

The test will take between 1 ½ to 2 hours. Please wear something short sleeved or sleeveless and bring a pair of shorts. When being seen for either testing or treatment please do not wear scented products (body lotions, perfumes, cologne, hair spray, etc) which may affect your fellow patients.

If it is necessary to cancel your test, please notify our office at least 24 hours prior to your appointment. If your test is scheduled on a Monday, please call our office at (337)266-9820 and leave a message. Cancellations without proper notice or failing to show up for an appointment will result in a \$100.00 charge. After the second offense your allergy test will not be rescheduled.

Please complete the allergy history questionnaire and any other paperwork that you were given to fill out, such as a food diary, and bring it in with you the day of you test. Do not hesitate to call us with any questions or concerns.

YOU MAY CONTINUE TAKING THE FOLLOWING MEDICATIONS:

TYLENOL (regular or extra strength ONLY)

ORAL CONTRACEPTIVE PILLS

HORMONES

FLUID PILLS

PLAIN DECONGESTANTS (with NO antihistamines)

SINGULAIR

STERIODS (nasal sprays, oral, or Injections)

BLOOD PRESSURE MEDICATIONS EXCEPT BETA BLOCKERS

ASTHMA MEDICATIONS: if possible avoid rescue medications such as Azmacort, Alupent, Proventil, Albuterol, Seravent, Ventolin, Tilade, Flovent, and/or Xoponex for 6 hours prior to allergy testing

MEDICATIONS TO OMIT FOR 7 DAYS PRIOR TO TESTING:

CLARITIN (loratidine), CLARITIN D, ALLEGRA (fexofenadine), ALLEGRA D, CLARINEX, CLARINEX D, ZYRTEC, ZYRTEC D

MEDICATIONS TO OMIT FOR 3 DAYS PRIOR TO ALLERGY TESTING:

ANTIHISTAMINES OR MEICATIONS CONTAINING ANTIHISTAMINES

MUSCLE RELAXERS

TRANQUILIZERS

ANTIDEPRESSANTS (please contact your prescribing physician before stopping)

SEDATIVES

DIZZINESS MEDICATIONS

ASPIRIN, EXCEDRIN, OR ALKA-SELTZER

LARGE DOSES OF VITAMIN C

ANTI-NAUSEA MEDICATIONS

REFLUX MEDICATIONS

BETA BLOCKERS

***AVOID OVER THE COUNTER PREPARATIONS FOR COLD, SINUS, OR ALLERGY. IF IN DOUBT, PLEASE CALL THE OFFICE.**

*see the following lists of examples of medications to discontinue. Please notify the office if you are taking any of the following medications

ANTIHISTAMINES/ANTIHISTAMINE CONTAINING MEDICATIONS:

Actifed	Antivert (meclizine)	Atarax (hydroxyzine)
Axid (nizatidine)	Benadryl (diphenhydramine)	Bromfenex
Chlorpheniramine	Chlor-Trimeton	Deconamine
Dexchlorpheniramine	Dimetapp	Dramamine
Drixoral	Excedrin PM	Midol or Midol PM
Novahistine	Periactin (cyproheptadine)	Pepcid (famotidine)
Phenergan	Polyhist	Ritalin (methylphenidate)
Rondec	Ru-Tuss	Rynatan
Symprex-D	Tanafed	Tagamet (cimetidine)
Tavist (clemastine)	Teldrin	Tylenol PM
Xyzal (levocetirizine)	Zantac (ranitidine)	Vistaril (hydroxyzine)

NASAL ANTIHISTAMINES:

Astelin/Astepro (azelastine)	Patanase (olopatadine)
Dymista	

OCULAR ANTIHISTAMINES:

Pataday

TRICYCLIC ANTIDEPRESSANTS:

Adapin (doxepin Hcl)

Aventyl (nortryptiline)

Etrafon (perphenazine & amytryptiline)

Norpramin (despramine Hcl)

Sinequan (dexpin Hcl)

Tofranil (imipramine Hcl)

Vivactil (protriptyline)

Anafranil (clomipramine Hcl)

Elavil (amitriptyline Hcl)

Limbitrol (desiptyline Hcl)

Pamelor (nortryptiline)

Surmontil (trimipramine)

Triavil (perphenazine & amitriptyline)

ANTIDEPRESSANTS & ANTIANXIETY:

Ativan (lorazepam)

Celexa (citalopram)

Dalmane (flurazepam)

Effexor (venlafaxine Hcl)

Halcion (triazolam)

Lexapro (escitalopram)

Luvox (fluvoxamine)

Nardil (phenelzine sulfate)

Paxil (paroxetine Hcl)

Prozac (fluoxetine Hcl)

Restoril (temazepam)

Trancopal (chlormezanone)

Valium (diazepam)

Xanax (alprazolam)

Buspar (buspirone Hcl)

Cymbalta (duloxetine)

Desyrel (trazodone Hcl)

Emsam (slelgiline)

Klonopin (clonazepam)

Lectopam (bromazepam)

Marplan (isocarboxazid)

Parnate (tranqlopromine)

Pristiq (desvenlafaxine)

Remeron (mirtazapine)

Serax (oxazepam)

Tranxene (cloraxepate dipotassium)

Wellbutrin (bupropion Hcl)

Zoloft (sertraline)

BETA BLOCKERS:

Betapace (sotalol Hcl)	Brevibloc (esmolol)
Bystolic (nebivolol)	Coreg (carvedilol)
Corgard (nadolol)	Corzide (nadolol)
Dutoprol (metoprolol)	Inderal (propranolol Hcl)
Inderide (propranolol Hcl)	Kerlone (betazolol Hcl)
Labetalol (generic)	Levatol (penbutolol sulfate)
Lopressor (metoprolol)	Metoprolol (generic)
Monacor (bisoprolol)	Nadolol (generic)
Normodyne (labetalol)	Normozide (labetalol)
Propranolol (generic)	Rhotral (acebutolol Hcl)
Sectral (acebutolol Hcl)	Sotalol (generic)
Tenormin (atenolol)	Tenorectic (atenolol)
Timolide (timolol maleate)	Toprol-XL (metoprolol)
Trandate (labetalol)	Transicor (oxprenolol)
Visken (pindolol)	Zebeta, Ziac (bisoprolol)

OPHTHALMIC BETA BLOCKERS- FOR GLAUCOMA:

Betagan (levobunolol)	Betoptic (betaxolol)
Betimol (timolol)	Istalol (timolol)
Ocupress (carteolol)	Optipranolol (metipranolol)
Timoptic (timolol)	Timolol (generic)

**If you take beta blockers, you CANNOT have skin allergy testing or injections. Please discuss this with the allergy nurse before your allergy test or any allergy injections, as we do offer other options. Also, please notify the allergy staff if you have any heart problems, take cardiac medications, or have a pacemaker.*

We understand that you have a choice in selecting a physician to care for you and your families' needs.

Thank you for choosing Drs. David and Eldredge!